



## THINK FAST First Aid Prompts Text Only

### ----- CHEMICAL INJURIES -----

**1. The mosquitoes are out and everyone is using insect repellent. Some gets in your eye. What do you do?**

**Did you say...**

Flush the eye for 15 minutes.  
Call the Poison Control Center! (1-800-222-1222)

**2. You knock something off the workbench in the garage, but it shatters on the concrete floor as you try to catch it, and splashes you in the face. Your eye stings from either the liquid or possibly glass shards. What do you do?**

**Did you say...**

Flush the eye for 15 minutes.  
Call the Poison Control Center! (1-800-222-1222)  
Do NOT RUB the eye!  
After flushing out the eye, you may still need to go to the Emergency Room if it is still red, painful, if vision decreased or just plain looks abnormal!  
Remember to take the bottle of the chemical (or a pamphlet that came with it) as this will help the doctor properly treat your eye.

**3. You're hanging out with cousins during a holiday get-together and you are bored. One claims that air freshener sprayed into the eyes will blind you for only 4 seconds. Another cousin tries to prove him wrong before you can stop her, and is screaming in pain. What do you do?**

**Did you say...**

Flush the eye for 15 minutes.  
Call the Poison Control Center! (1-800-222-1222)  
Do NOT RUB the eye!

**4. You are swimming in your neighbor's pool and your eyes begin to burn. What do you do?**

**Did you say...**

Flush the eye for 15 minutes.

Call the Poison Control Center! (1-800-222-1222)  
Do NOT RUB the eye!

**5. You're helping your uncle change the battery in the car he's restoring, and one of the batteries gets knocked over, splashing acid in your uncle's face (he let you wear his only pair of goggles). He yells words we cannot repeat in this classroom. What do you do?**

**Did you say...**

Flush the eye for at least 15 minutes.

Call the Poison Control Center! (1-800-222-1222)

Do NOT RUB the eye!

After flushing out the eye, you may still need to go to the Emergency Room.

Remember to take the bottle of the chemical (or a pamphlet that came with it) as this will help the doctor properly treat your eye.

----- IMPACT INJURIES -----

**1. You're winning the soccer game when your teammate is hit hard right next to his eye. He is seeing blinking lights. What do you do?**

**Did you say...**

Immediately apply ice packs to a blunt eye injury!

**2. You are hammering wood and metal together for a science project. Your mom comes out to call you to dinner and a splinter flies up and hits her in the eye. What do you do?**

**Did you say...**

Shield the eye (cover with a paper cup) but do NOT apply ice or ANY pressure to an eye that has been punctured in a PENETRATION Impact Injury!

Do NOT attempt to REMOVE a foreign body from the eye: you could make it worse! Get immediate medical attention!

**3. You are babysitting and the child (despite your warnings) jumps on the couch, flying off and bashing her eye on the corner of the coffee table. What do you do?**

**Did you say...**

Immediately apply ice packs to a blunt eye injury!

Lacerations (rips) to any area surrounding the eye or a part of the eye need immediate medical attention!

Call the parent and decide if you should call an ambulance.

----- LIGHT INJURIES -----

**1. Your little brother finds an old pocket laser and shines it in your eyes while you are watching TV. Your eyes are watering, you are developing a headache and see floaters. What do you do?**

**Did you say...**

Call your eye doctor immediately!

**2. You went on a long ski trip over winter break. The snow was beautiful and there was brilliant sunshine every day, but you didn't wear UV-blocking goggles. Now your vision seems a little blurry and bright lights seem to bother you. What do you do?**

**Did you say...**

Call your eye doctor immediately!

**3. You are working answering phones at a salon. A customer emerges from the tanning bed area, seeing spots. What do you do?**

**Did you say...**

Have the customer call his or her eye doctor immediately!

----- HEAT INJURIES -----

**1. For your Aunt's 50th birthday, someone lit the cake up with sparklers instead of candles. Hot sparks spray and your grandmother runs into the kitchen holding her eye. What do you do?**

**Did you say...**

Call the eye doctor or urgent care immediately!

Do not rub the eye or flush!

(Treat this as a potential penetration injury in case there is sparkler debris in there.)

**2. You are watching your dad solder together some wires. A bug flies into his view and in brushing it away, he accidentally flicks some hot solder into your eye. What do you do?**

**Did you say...**

Call the eye doctor or urgent care immediately!

Do not rub the eye or flush!

(Treat this as a penetration injury.)

**3. There was a strange smell coming from the oven. You unlocked it and looked inside, not realizing it was in high-heat self-clean mode. You jumped back from the heat blast, but now your face and eyes hurt. What do you do?**

**Did you say...**

Call the eye doctor immediately!

Do not rub the eye or flush!

----- INFECTIONS -----

**1. You were swimming in a pond on vacation and now your contacts feel uncomfortable when you try to put them in. What do you do?**

**Did you say...**

Take the contacts OUT!

Call your eye doctor immediately!

**2. You were extra tired last night so you went to bed early. You wake up in the morning for school with a crusty goop that is almost sticking your eyelids together. What do you do?**

**Did you say...**

Call your eye doctor immediately!

**3. Last weekend you were in the school play, and the makeup person used the same eye-liner on several people to save time and money. Now your eyes feel itchy. What do you do?**

**Did you say...**

Call your eye doctor immediately!

**Did you *Think Fast* enough to save your One Pair of Eyes?**